Rib Eye Steaks Code: Fore rib V004 1. The fore rib should be removed from the carcase between rib bones 5-6 and 10-11 (counting from the neck upwards). Remove the eye muscle by following... 2. Blade bone cartilage to be removed. Remove the eye muscle by following... 8 remove the eye muscle by following... 3. ...the natural seam. Trim excess fat and gristle. Internal and external fat thickness not to exceed 15mm. not to exceed 15mm not to exceed 15mm. not to exceed 15mm to exceed 15mm.



